RhAPP

RHEUMATOLOGY ADVANCED PRACTICE PROVIDERS

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Introduction to Salivary Gland Ultrasound

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BORING!!!

The Glands

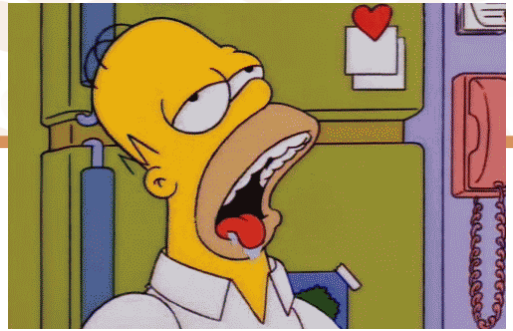


Plate 21A

Facial Nerve Branches and Parotid Gland in Situ

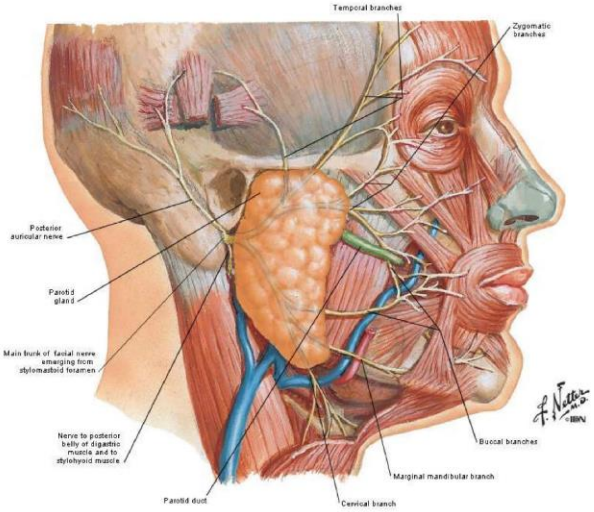
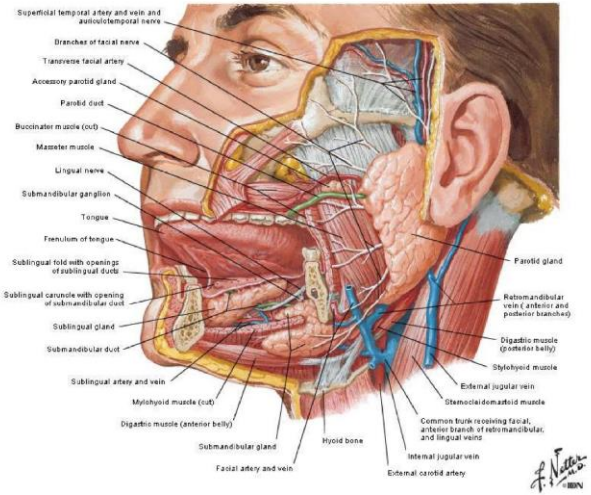


Plate 57A

Salivary Glands
Dissection



Indications

- Lump in the gland/neck
- Pain in cheek, posterior jaw & neck
- Dry mouth
- Abnormality on previous x-ray, CT, or MRI

- Linear array transducer
- Superficial location
  - Highest megahertz possible
- Power Doppler
  - Mass evaluation, inflammatory process
- Bilateral examination
- Preferably NPO≈30 min. prior to examination

Parotid gland

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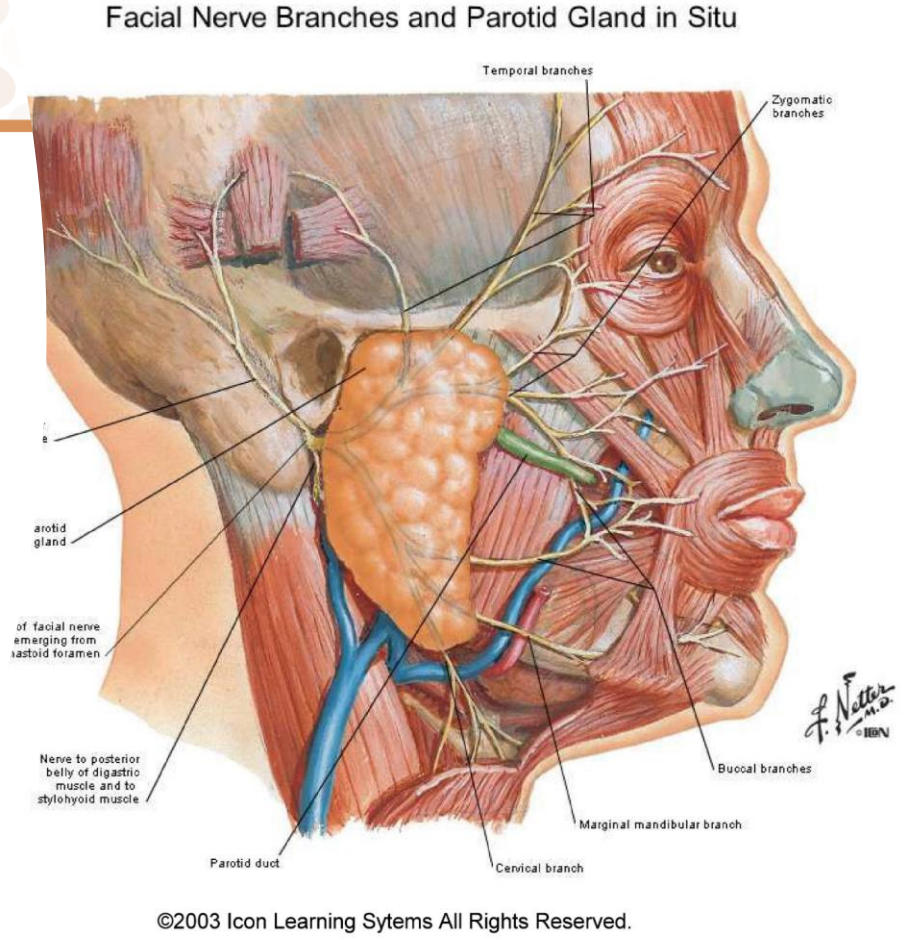
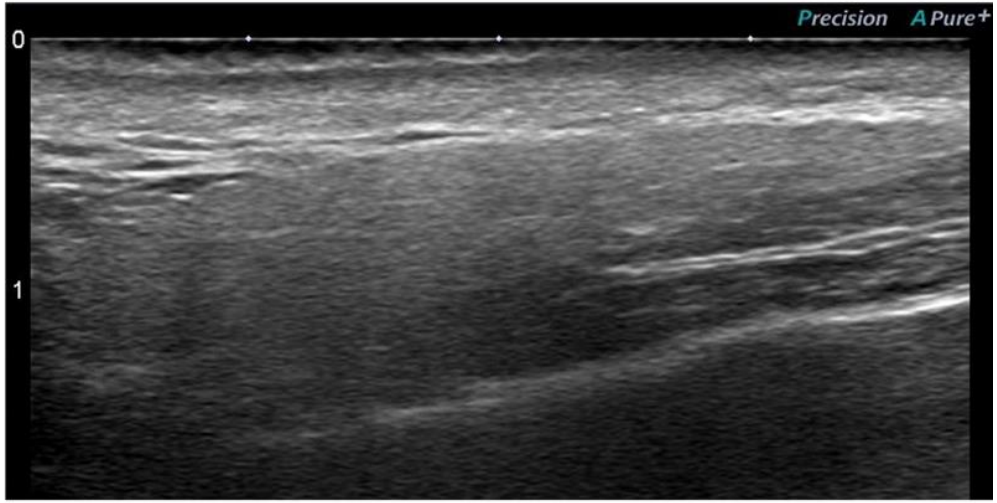
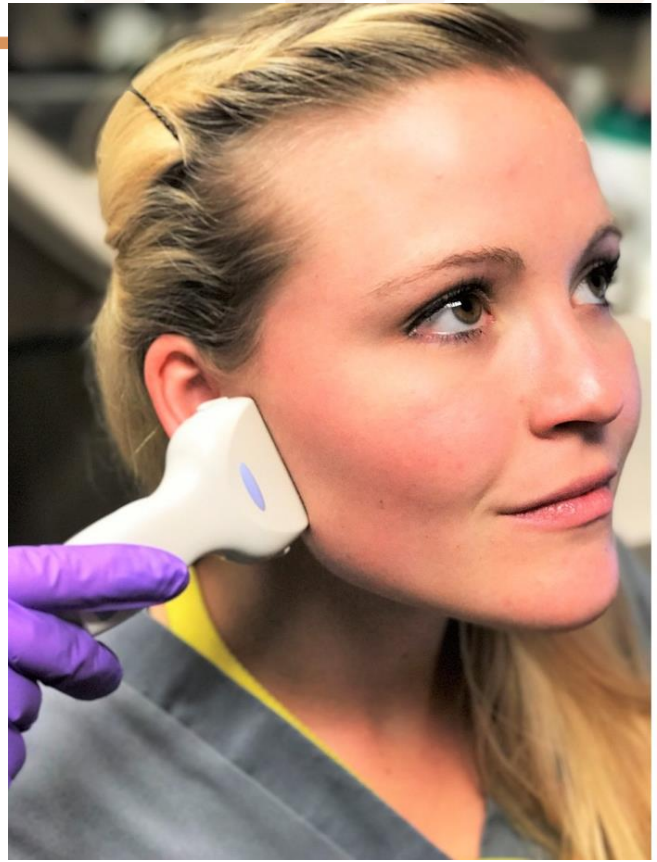
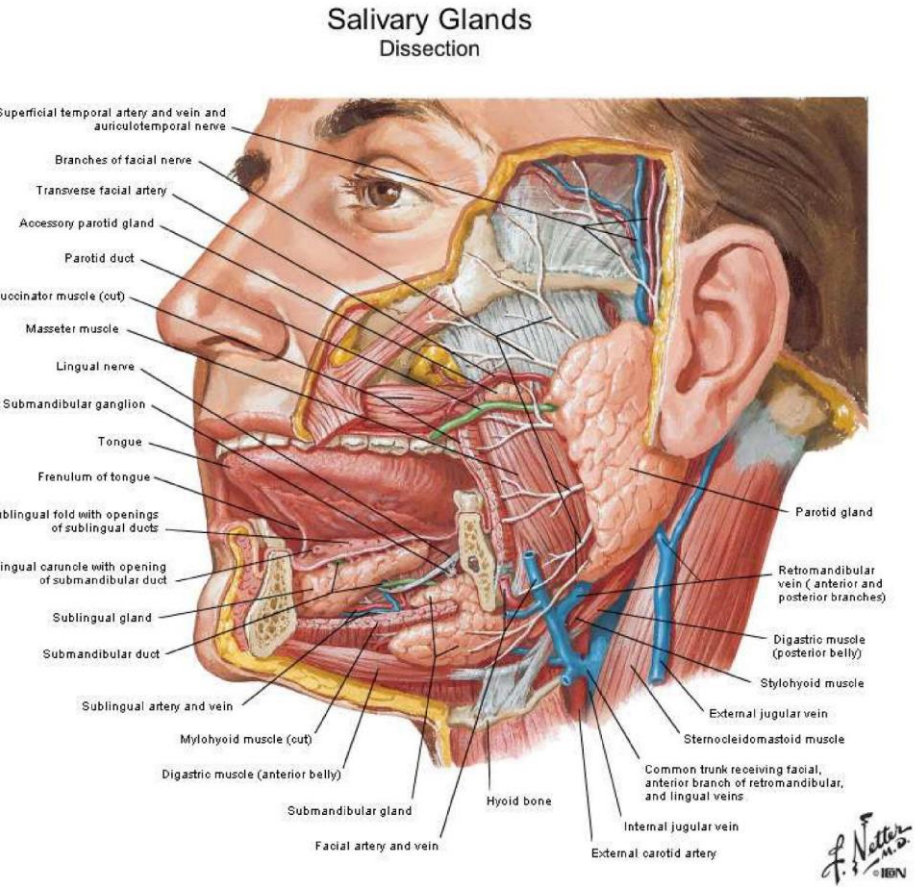


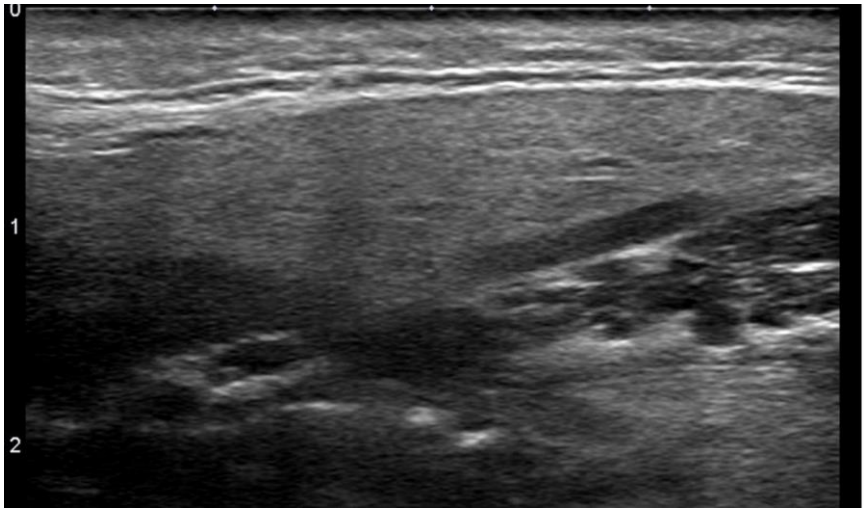
Parotid Salivary Gland





Submandibular Gland

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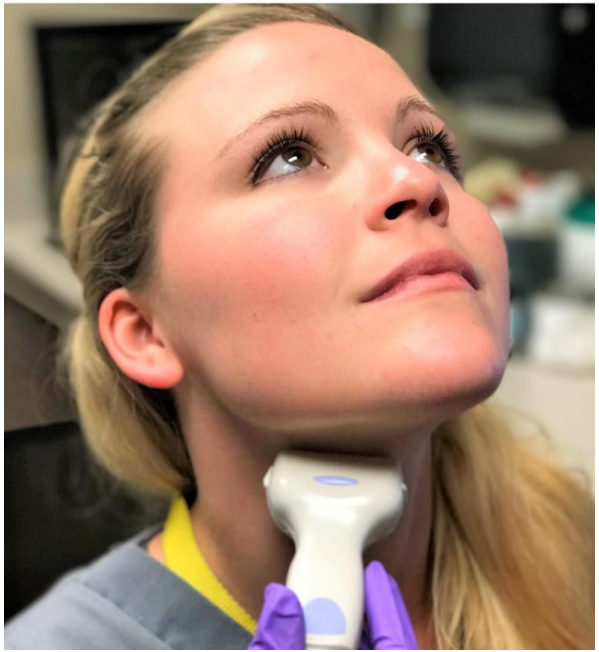


Inflammatory Process: Acute

- Most common salivary gland pathology
- painful, swollen, often bilateral
- Viral in children–mumps, CMV
- Bacterial in adults–staph aureus, oral flora
- US–Elarged, Hypoechoic, Hypervascular
- Associated lymphadenopathy
- Complication = intraglandular abscess

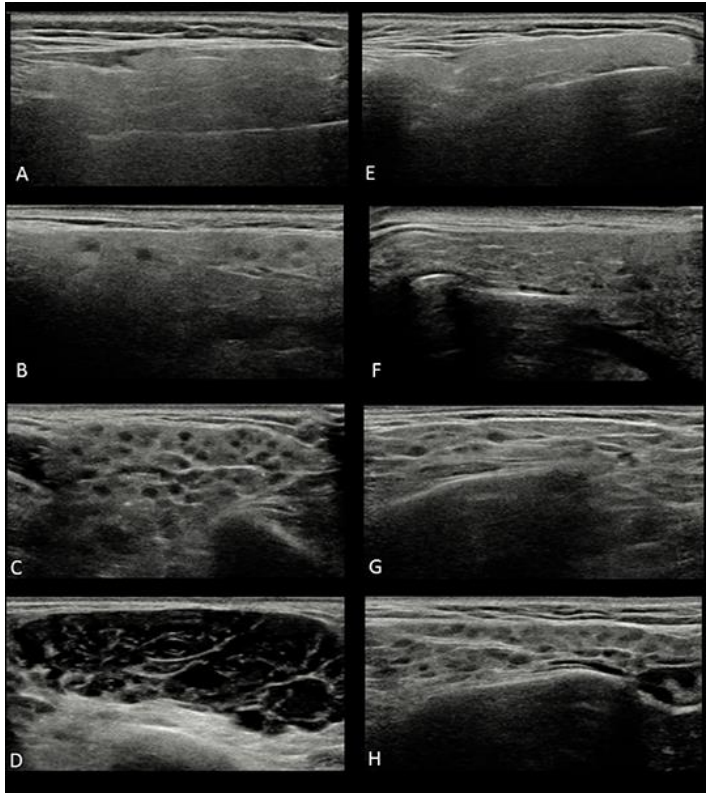
Sjogren's Syndrome

- Chronic lymphocytic/plasma cell infiltration
- Destruction of salivary & lacrimal glands
- Dry eyes/mouth
- Females > 40 years
- Associated with lymphoproliferative disease
- US screening for lymphomatous masses
- FNA for lesions > 2 cm
- US = inhomogenous multiple hypoechoic nodules

Pathology

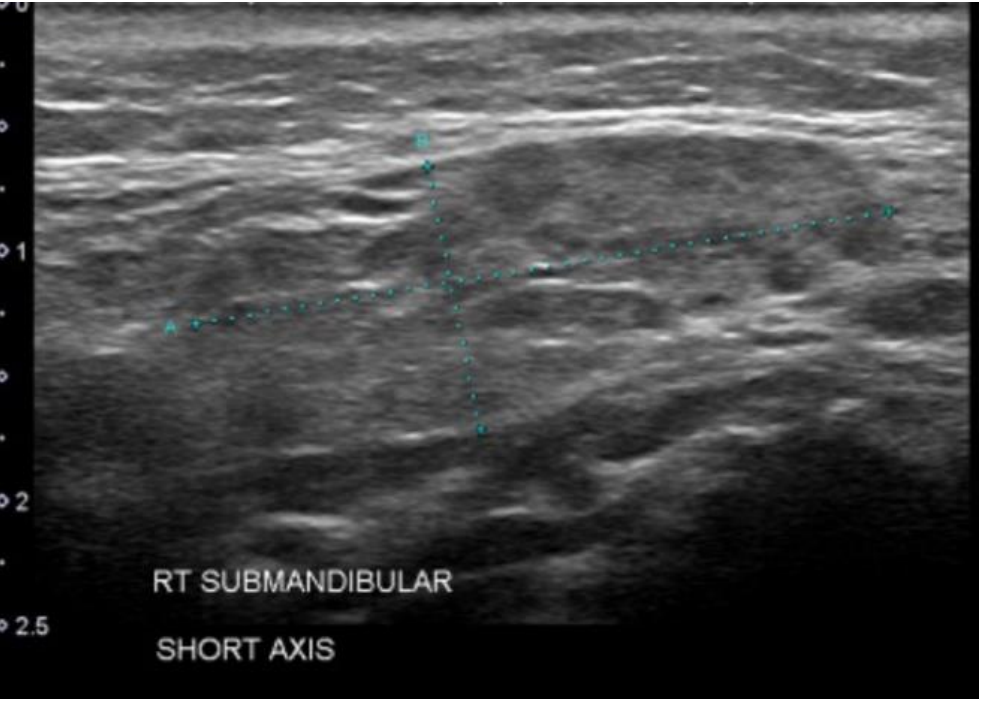
Salivary Gland Grading

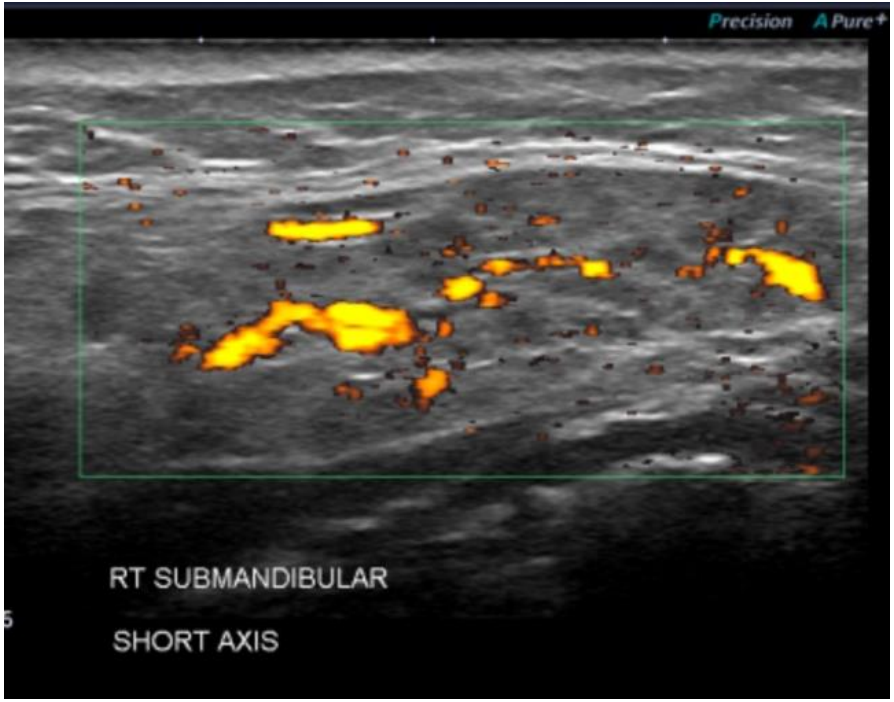
De Vita Et. Al. OMERACT

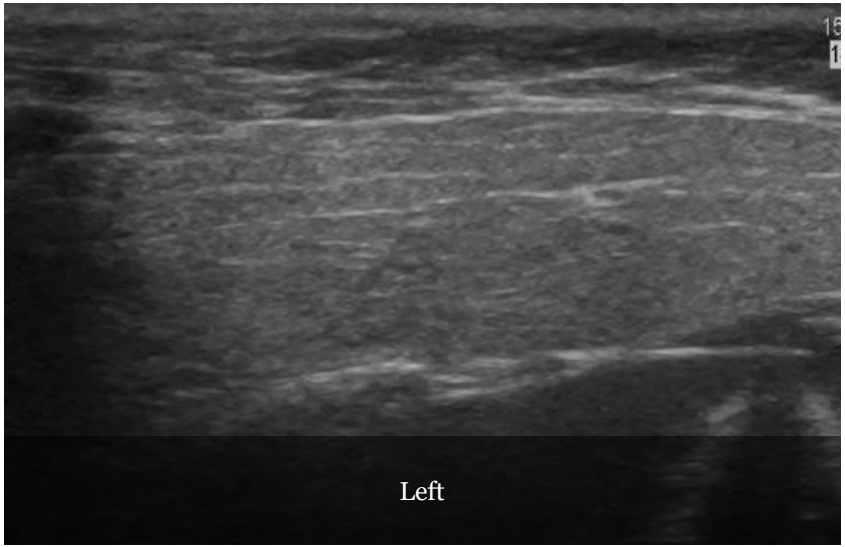


Ultrasound images of parotid glands in the two four-grade semi-quantitative scoring system: (A) De Vita et al. score grade 0; (B) De Vita et al. score grade 1; (C) De Vita et al. score grade 2; (D) De Vita et al. score grade 3; (E) OMERACT score grade 0; (F) OMERACT score grade 1; (G) OMERACT score grade 2; (H) OMERACT score grade 3

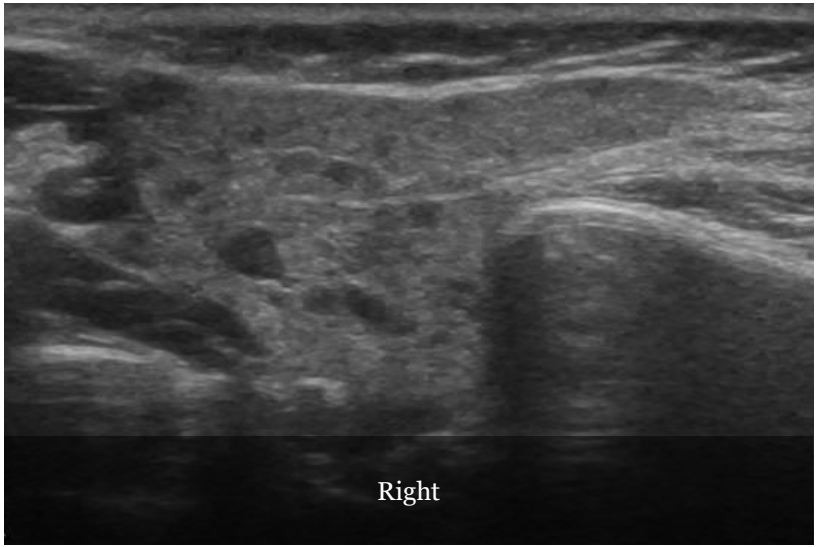
Salivary Gland Parenchymal Heterogeneity and Hyperemia





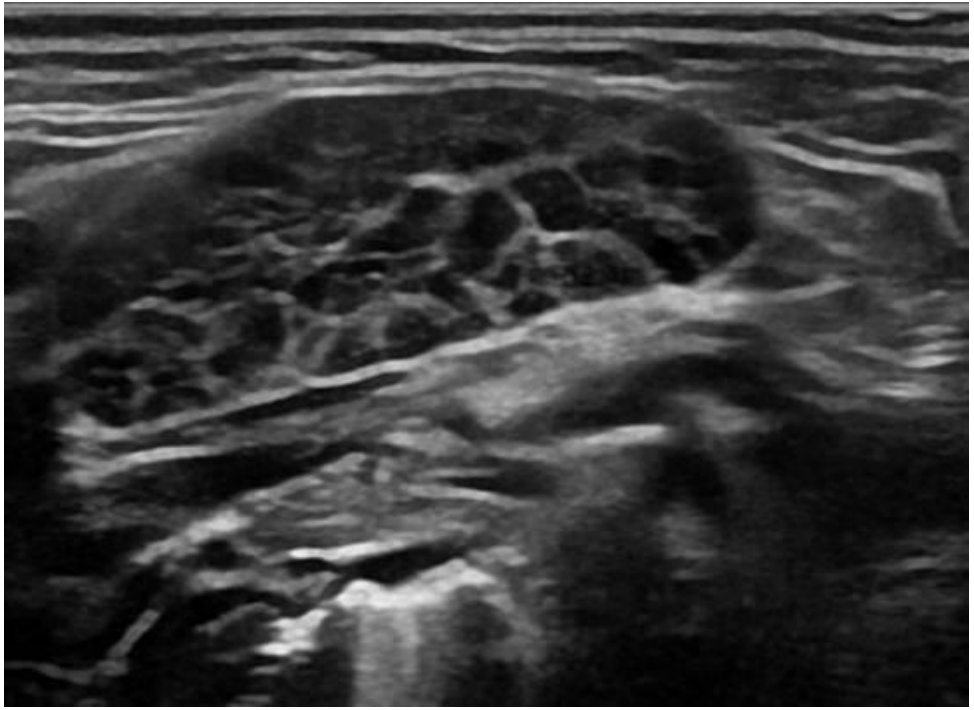


Left

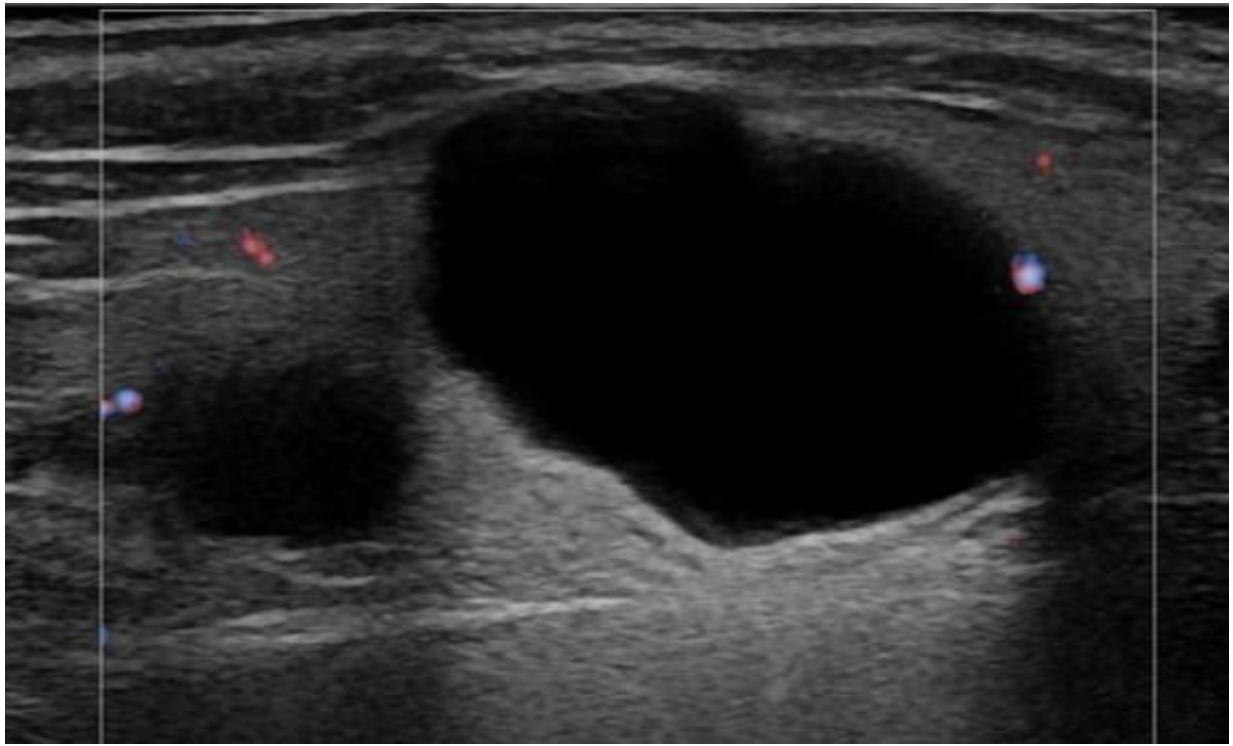


Right

Inhomogeneous salivary glands in a patient with Sjögren's disease (Grade 2)



Cystic lesions within the Parotid Gland



Grade 1 Heterogeneity & Hyperemia

Submandibular Calculus (Stone)

Sample ICD-10 Codes

Diagnosis	Description
M3500	Sjogren syndrome
H16229	Sicca Syndrome
H16223	Keratoconjunct sicca, not specified as Sjogren's, bilateral

Sample Salivary Gland Report Template

LOCATION: Bilateral Salivary glands (Parotids and Submandibular glands)

HISTORY: Patient presents with dry mouth / sicca symptoms / Sjogren's syndrome.

Evaluate for hyperemia / parenchymal damage

EXAMINATION: Performed high-resolution musculoskeletal ultrasound of bilateral salivary glands (views of parotid and submandibular glands) with Power Doppler

- **IMPRESSION:**
- RIGHT**:**

- Parotid: Grade [default value]
- Submandibular: Grade [default value]

- LEFT**:**

- Parotid: Grade [default value]
- Submandibular: Grade [default value]

- **CONCLUSION:**
- [default value]

Salivary gland grading:

Grade 0 - normal homogenous parenchyma

Grade 1 - mild parenchymal heterogeneity

Grade 2 - evident parenchymal heterogeneity

Conclusion

- Salivary gland ultrasound is emerging as a good method for objectively evaluating Sicca syndrome.
- Ultrasound detected parenchymal heterogeneity appears to be a good sign for identifying primary Sjogren's syndrome.
- Color & power Doppler enable assessment of gland inflammation, which can be useful in determining if symptoms arise as reaction to medication (i.e. pain medication), or due to inflammatory disease.

Questions/Concerns

References

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- https://www.ultrasoundcases.info/cases/musculo-skeletal-joints-and-tendons/shoulder/biceps-tendon-rupture/
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- All other imagery property of Idaho Arthritis Center, Boise, ID