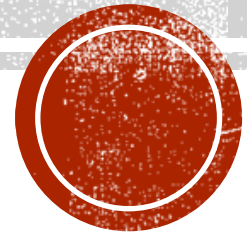


CAPILLAROSCOPY / OPHTHALMOSCOPE WORKSHOP

“How Many Fingers Do You See: Tools of the Trade from Fundoscopy to Capillaroscopy”

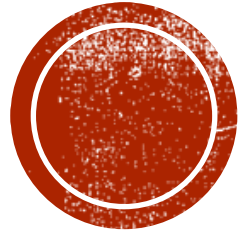
Brandon Ko, APRN DNP C-PNP & Brandon Runyon OD, FAAO



OBJECTIVES

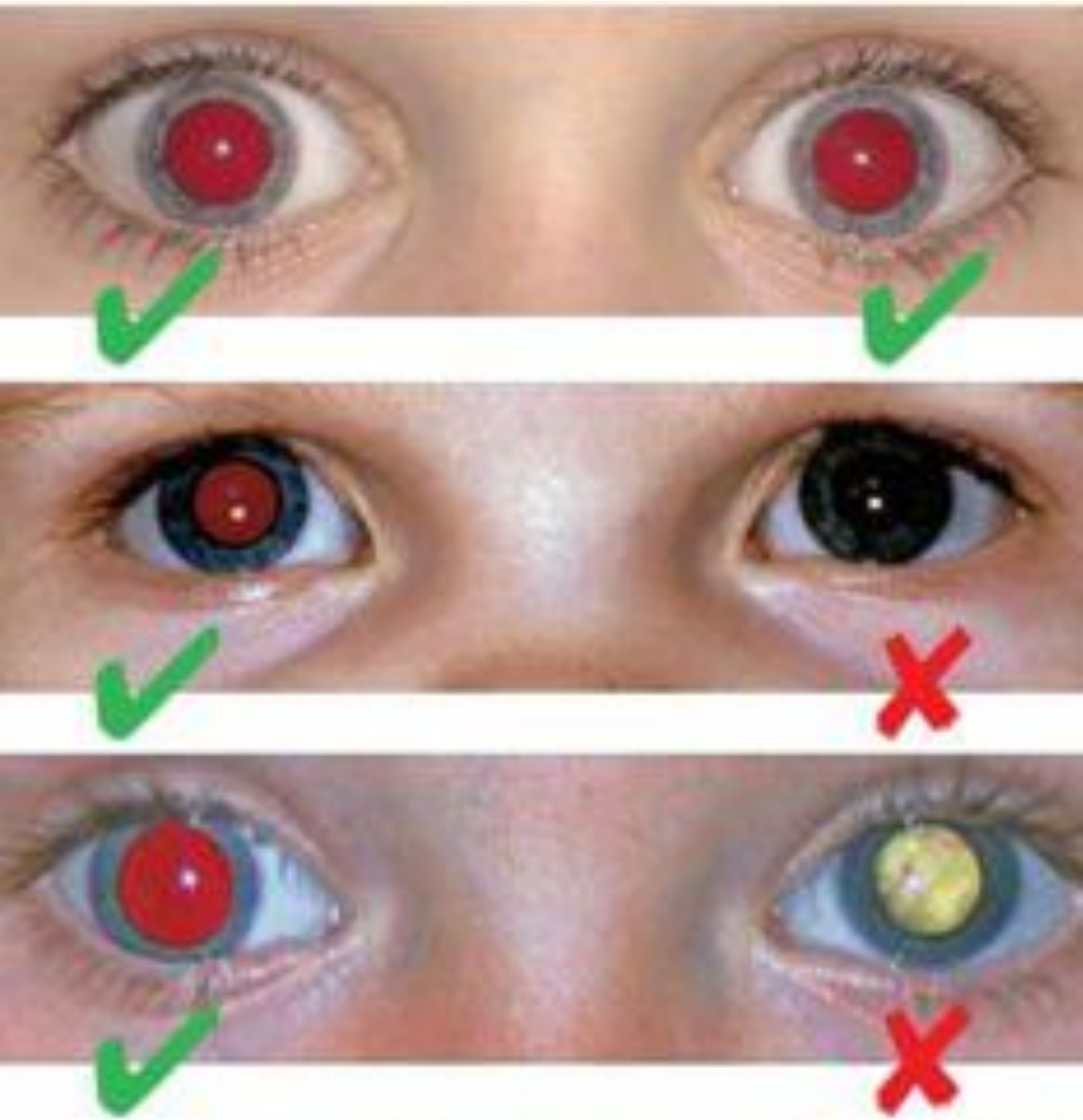
- Teach a practical eye exam using the ophthalmoscope for the Rheumatology clinic visit
- Teach how to use the ophthalmoscope to examine nailbed capillaries
- Teach how to use the hand held digital microscope to examine nailbed capillaries
- Teach how to use the high resolution digital capillaroscope to examine nailbed capillaries



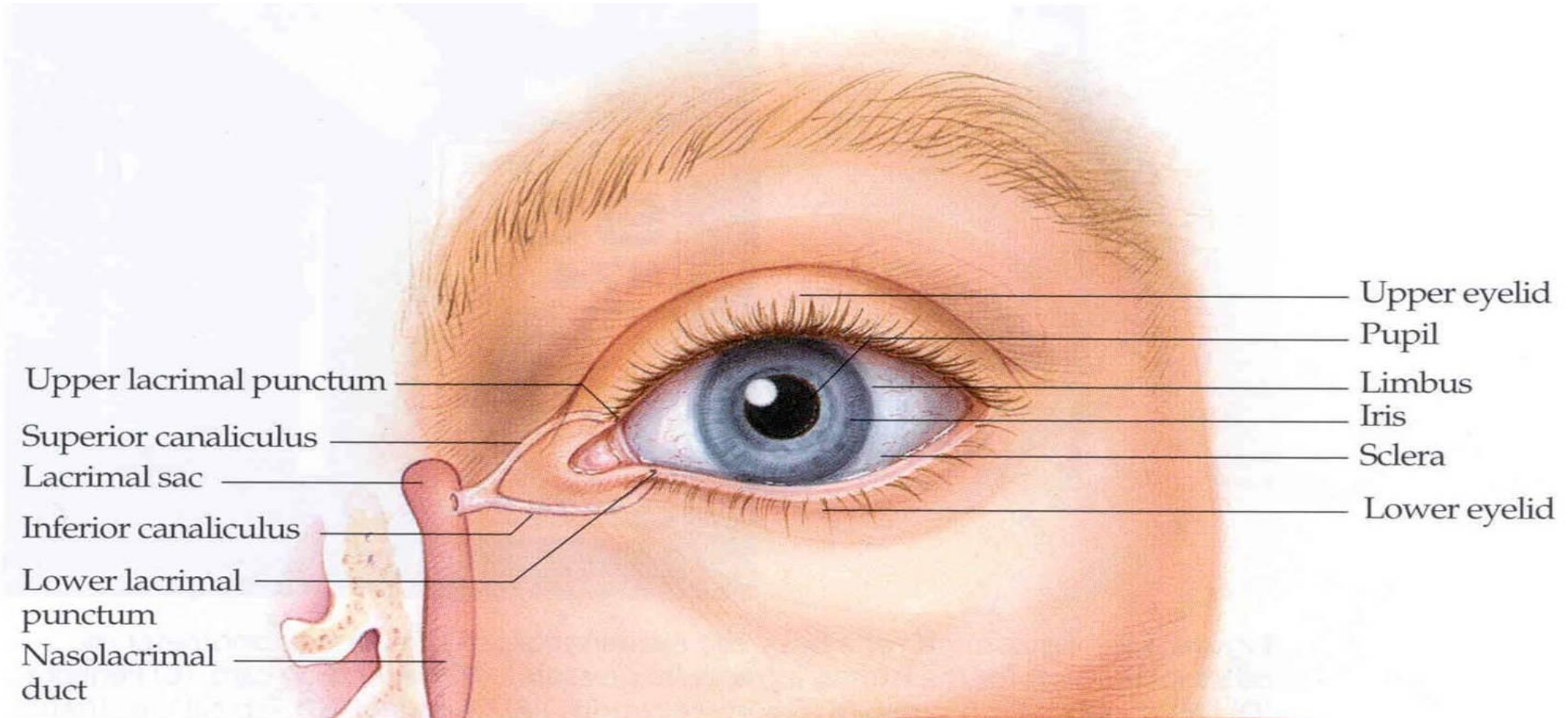


OPHTHALMOSCOPY FOR THE EYE





GROSS OCULAR ANATOMY



BASIC EYE ANATOMY

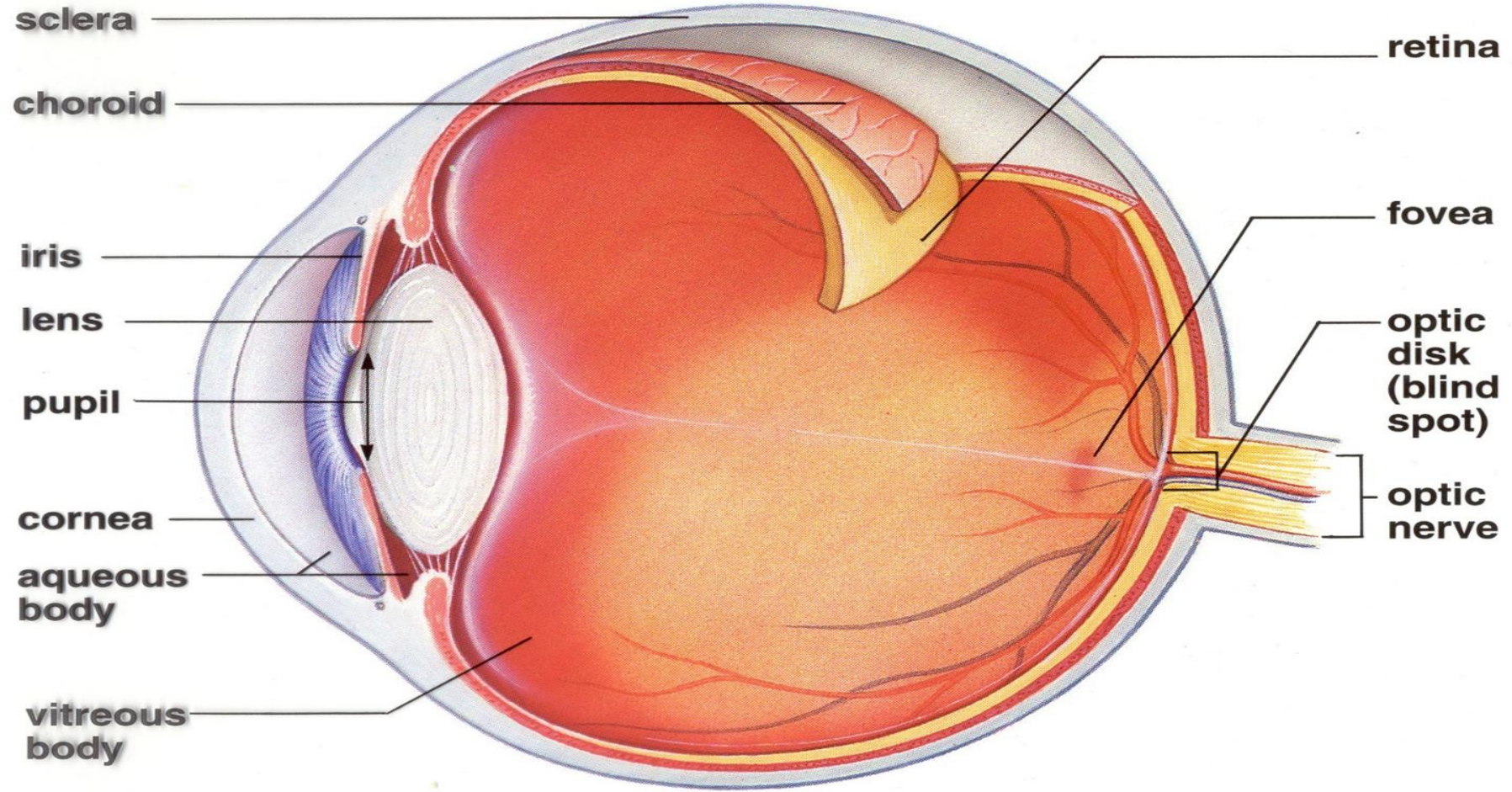
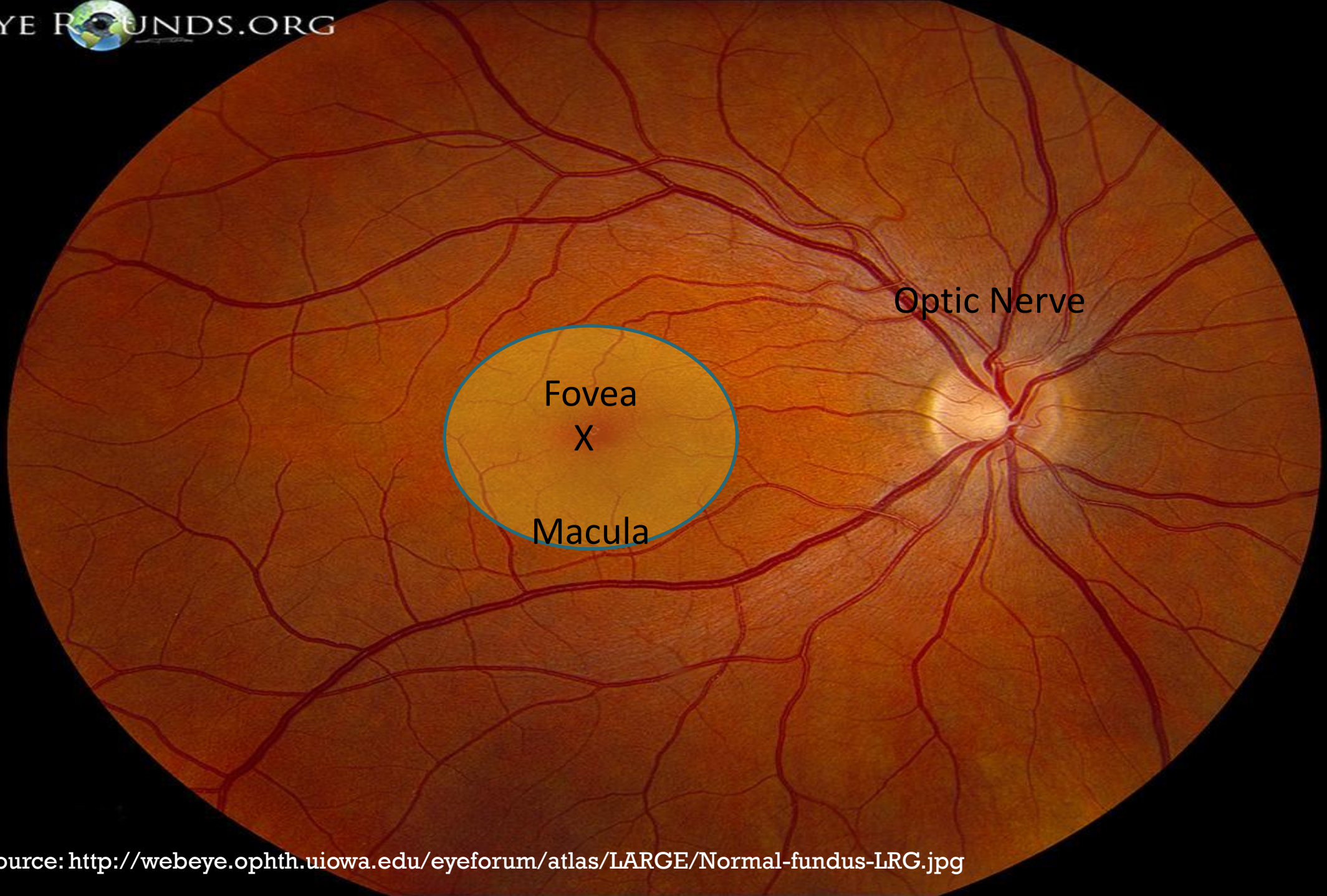


Fig. 32.30 Structure of the human eye.







Optic Nerve

Fovea
X

Macula



CAPILLAROSCOPY OVERVIEW

When to use it:

- Primary vs. Secondary Raynauds
- Suspicion for Systemic Sclerosis/Sclerodactyly

What's it for:

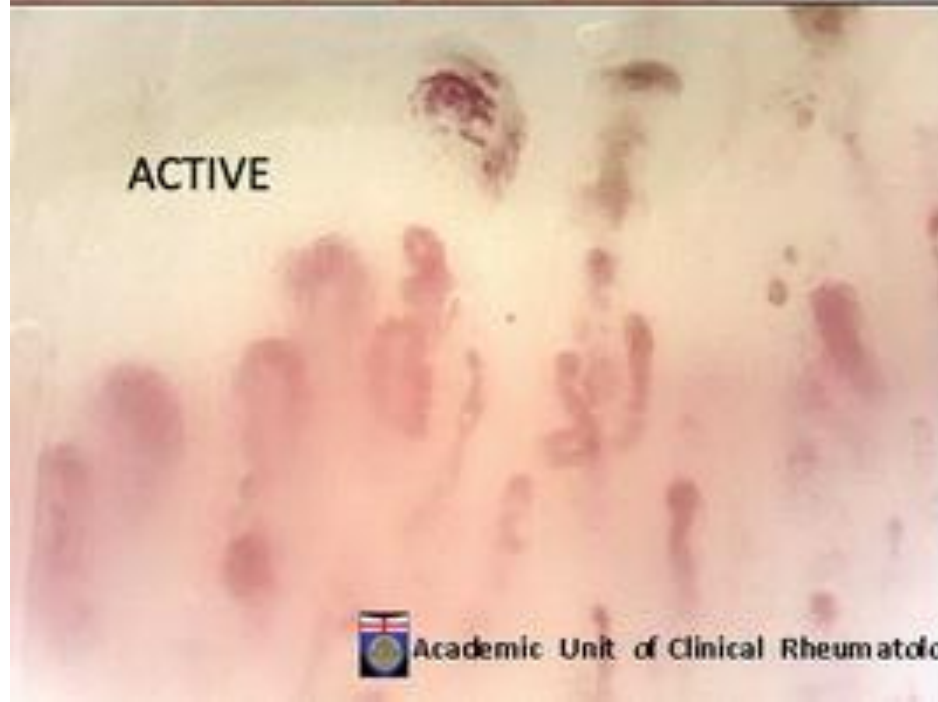
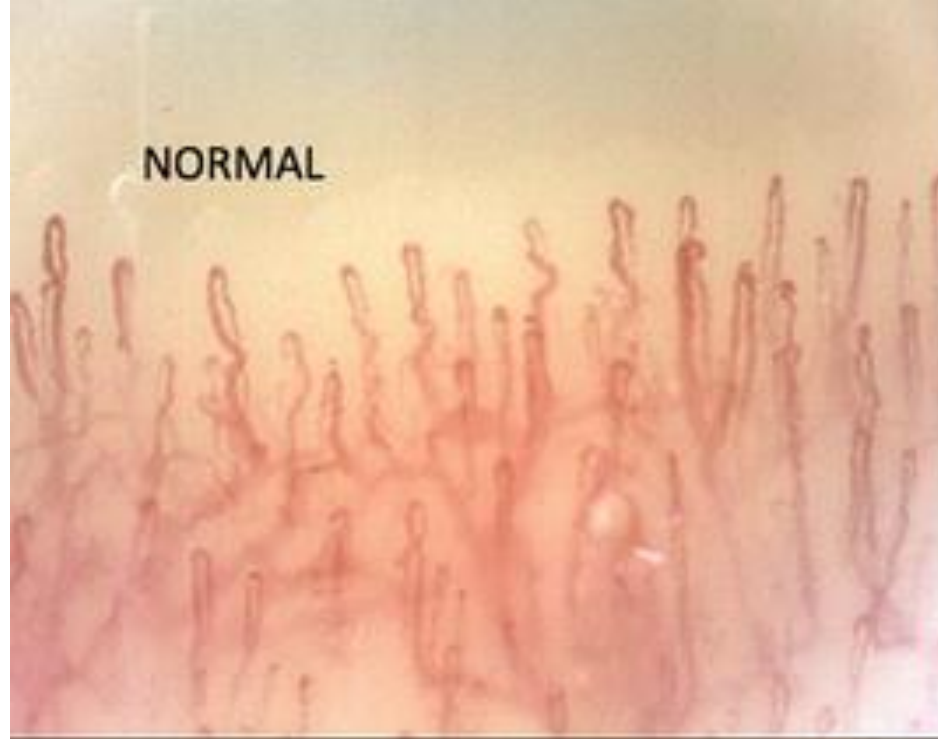
- Risk stratification – progression TO disease
- Monitoring – progression OF disease

Emerging associations:

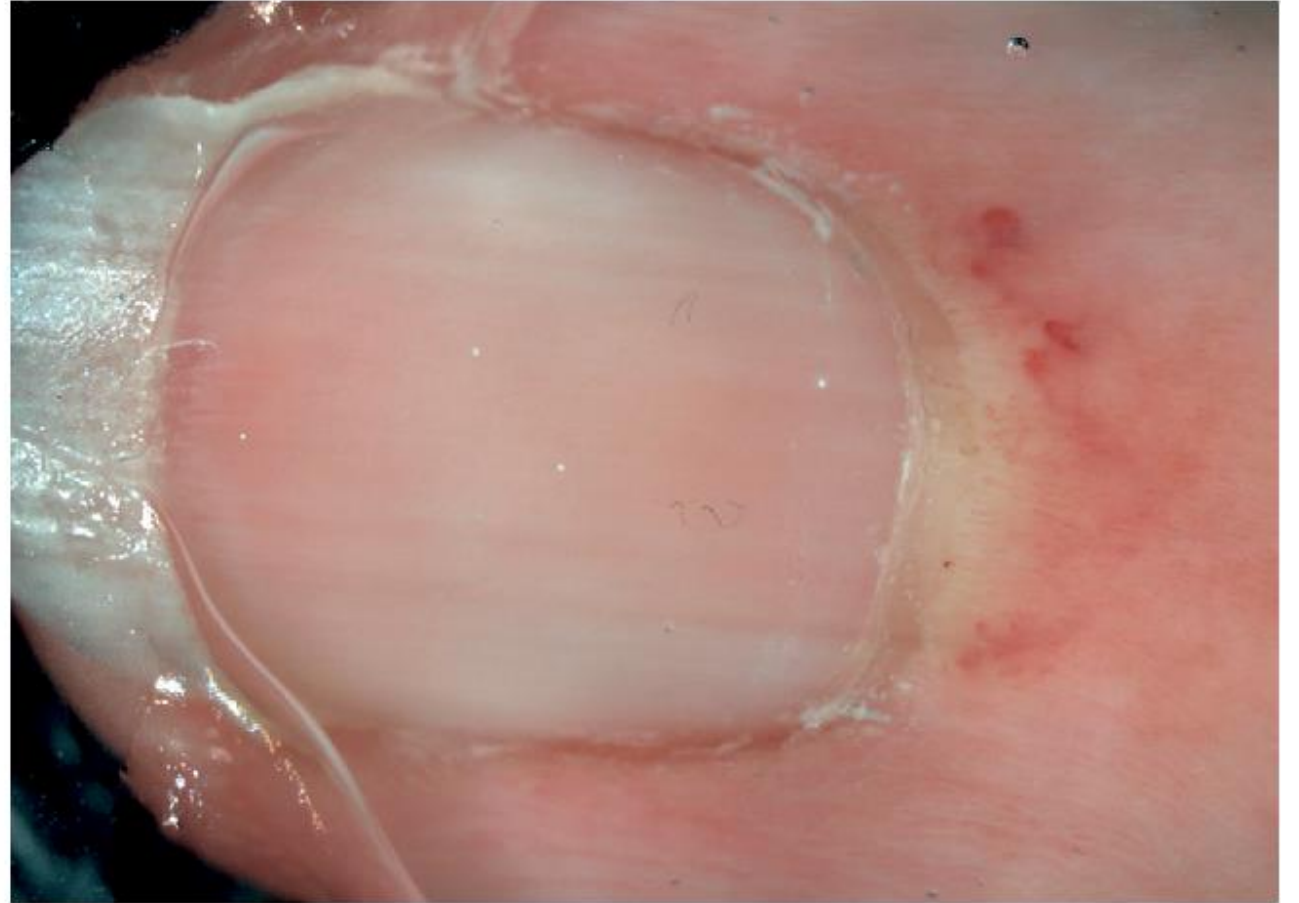
- Dermatomyositis, MCTD



NORMAL VS. ABNORMAL



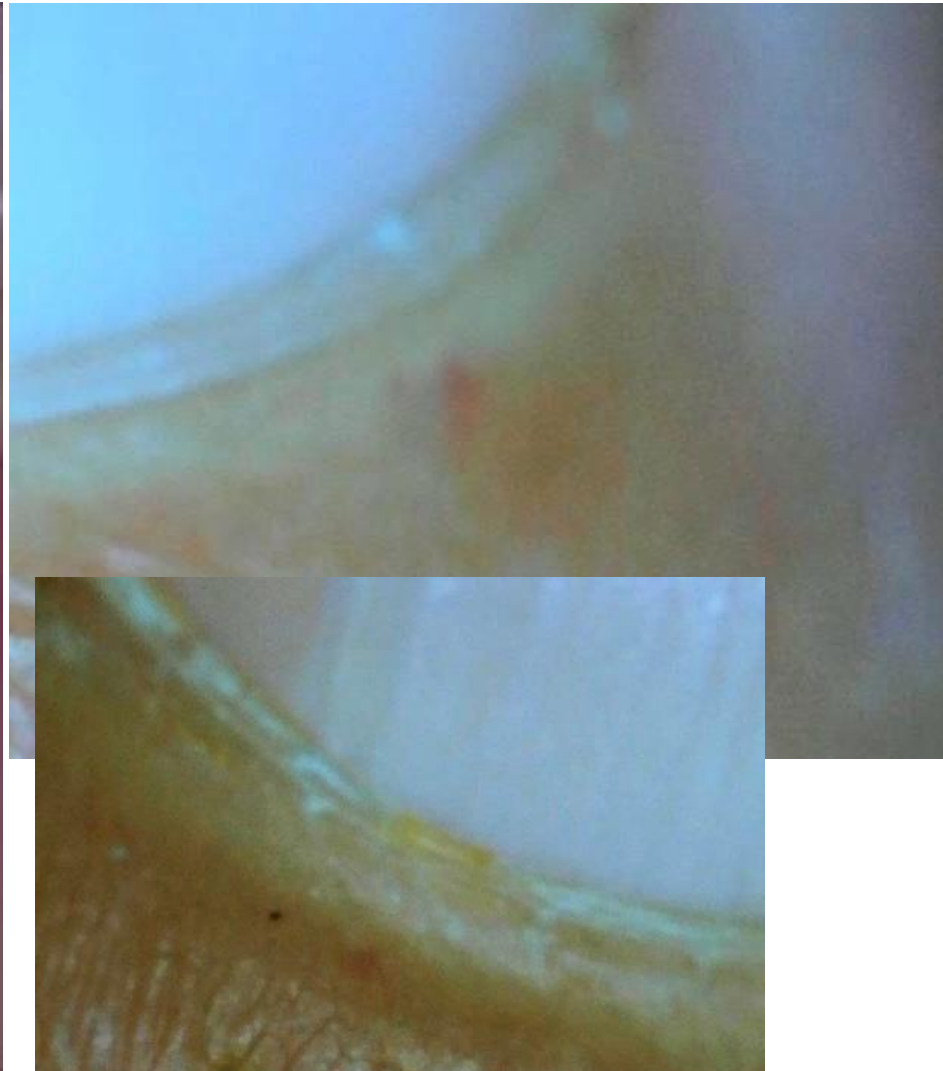
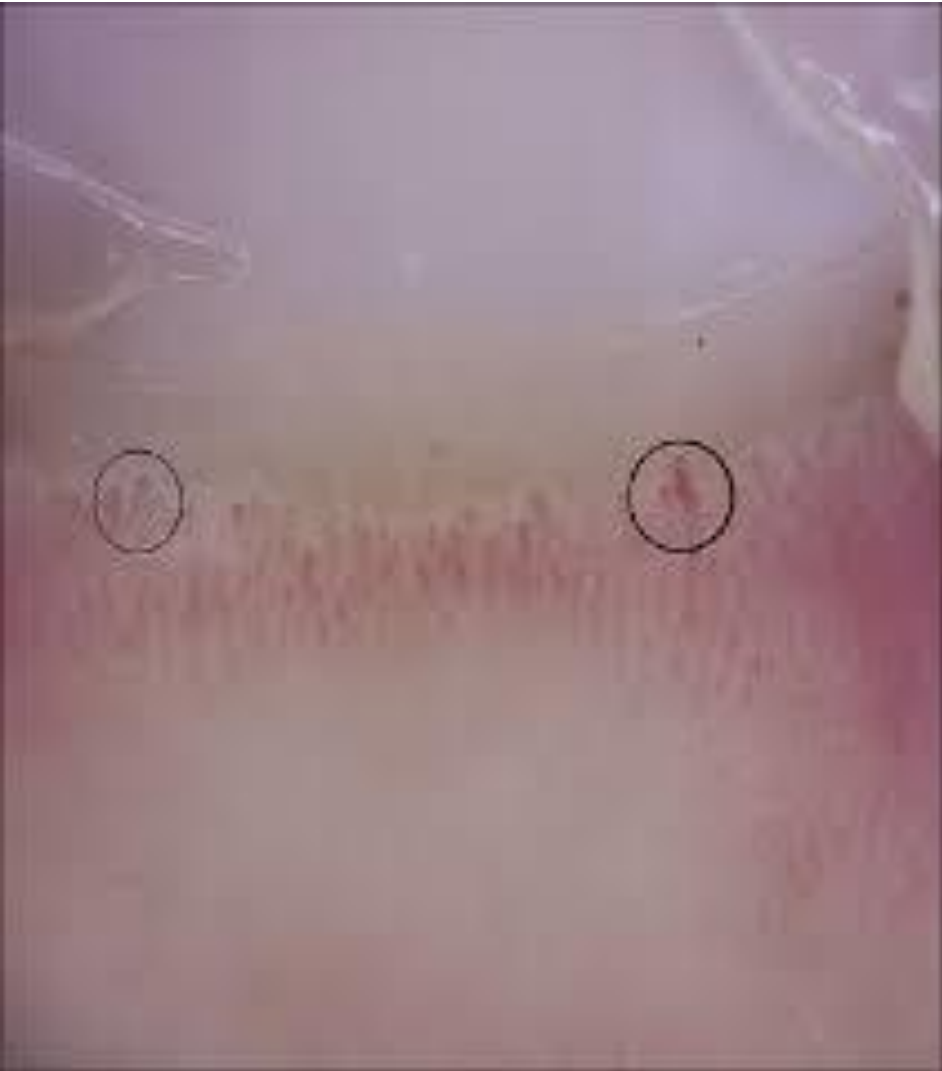
VISUAL INSPECTION



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Don't forget the
capillaroscopy
guide in the
back!

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